

Preparing for a Test

Tips for Success

Begin reviewing EARLY!

- ▶ This will give your brain time to get comfortable with the information.

Conduct short daily review sessions.

- ▶ You can ease into a more intense review session prior to major exams.

Read text assignments before lectures.

- ▶ This will help you identify concepts that the professor considers important and that are already somewhat familiar.

Review notes **IMMEDIATELY** after lectures.

- ▶ This will help you identify information that you don't understand while the lecture is still fresh in your memory—another student's memories as well.
- ▶ When you review immediately, you'll have time to clarify information with other students.

Review with a group.

- ▶ This will enable you to cover important material that you may overlook on your own.

Conduct a major review early enough...

to allow for a visit to the instructor during his/her office hours if necessary.

Break up the study tasks into manageable chunks.

For major reviews prior to exams:

- ▶ Studying two hours in the morning and two in the evening will be more effective than studying at a four hour stretch.
- ▶ Studying while you are fatigued is usually a waste of time.

Study the most difficult material when you are alert.

- ▶ ...And when there are FEW to ZERO distractions.